



# Individualized Plan for Employment (IPE) – Nebraska VR Provided Services

6/2014

Name: \_\_\_\_\_

Services	Who will provide?	Services start & end dates
<b>Disability Awareness/ Personal Adjustment</b> <input type="checkbox"/> Find out how my disability affects my life and work. (CO-DA) <input type="checkbox"/> Find out how to manage personal crises. (CO-PA) <input type="checkbox"/> Find out how to make better decisions. (CO-PA) <input type="checkbox"/> Find out how to solve personal problems. (CO-PA) <input type="checkbox"/> Receive assistance to follow through with VR and community services (CO-DA)		
<b>Employment Services</b> <input type="checkbox"/> Get leads on job openings. (E-JPA) <input type="checkbox"/> Find a job that best matches my skills and needs. (E-JPA)		
<b>Employment Success Skills</b> <input type="checkbox"/> Learn what behaviors employers want. (E-ESS) <input type="checkbox"/> Learn to think highly of myself. (E-ESS) <input type="checkbox"/> Learn to handle job pressures. (E-ESS)		
<b>Independent Living Exploration and Skills</b> <input type="checkbox"/> Learn to live by myself. (IL-E&S) <input type="checkbox"/> Learn how to save energy and manage my time doing housework. (IL-E&S) <input type="checkbox"/> Learn how to dress for job success. (IL-E&S) <input type="checkbox"/> Learn how to budget and manage my money. (IL-E&S) <input type="checkbox"/> Learn how to use a bus. (IL-E&S)		
<b>Job Keeping</b> <input type="checkbox"/> Do my new job the best I can. (E-JRA) <input type="checkbox"/> Get used to the demands of my new job. (E-JRA) <input type="checkbox"/> Get used to my supervisors and co-workers. (E-JRA) <input type="checkbox"/> Get the help I need to keep my job. (E-JRA)		
<b>Job Seeking Skills</b> <input type="checkbox"/> Learn the best ways to look for a job; write a resume and cover letter; fill out job applications; and successfully interview for a job. (E-JSS)		
<b>Personal Management Skills</b> <input type="checkbox"/> Learn how to solve personal problems. (IL-PM) <input type="checkbox"/> Learn how to study. (IL-PM) <input type="checkbox"/> Learn how to make decisions. (IL-PM) <input type="checkbox"/> Learn how to set goals. (IL-PM)		
<b>Provided Skill Building</b> <input type="checkbox"/> Acquire skills in a Nebraska VR skill-building program. (MTVR/SB)		

Comments/Responsibilities:

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